



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026



RESULTS BOOK



JUNIOR

JUNIOR MEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
60 kg	SNATCH	1	120	Prince Keil DELOS SANTOS	04-09-2007	PHI
		2	119	Gurunaidu SANAPATHI	09-05-2006	IND
		3	116	Tomchou Meetei NAMEIRAKPAM	04-03-2006	IND
	C&Jerk	1	150	Tomchou Meetei NAMEIRAKPAM	04-03-2006	IND
		2	146	Gurunaidu SANAPATHI	09-05-2006	IND
		3	144	Prince Keil DELOS SANTOS	04-09-2007	PHI
	TOTAL	1	266	Tomchou Meetei NAMEIRAKPAM	04-03-2006	IND
		2	265	Gurunaidu SANAPATHI	09-05-2006	IND
		3	264	Prince Keil DELOS SANTOS	04-09-2007	PHI
65 kg	SNATCH	1	134	Hoang Sang THACH	08-12-2007	VIE
		2	130	Tieu A	15-06-2007	VIE
		3	129	Beibarys YERSEIT	26-02-2009	KAZ
	C&Jerk	1	157	Hoang Sang THACH	08-12-2007	VIE
		2	157	Maharajan ARUMUGAPANDIAN	22-04-2008	IND
		3	156	Yohan KIM	09-08-2006	KOR
	TOTAL	1	291	Hoang Sang THACH	08-12-2007	VIE
		2	285	Maharajan ARUMUGAPANDIAN	22-04-2008	IND
		3	281	Beibarys YERSEIT	26-02-2009	KAZ
70 kg	SNATCH	1	141	Albert Ian DELOS SANTOS	12-08-2006	PHI
		2	140	Yash Vinod KHANDAGALE	27-10-2007	IND
		3	136	Yersultan TURSUNBEKOV	23-05-2007	KAZ
	C&Jerk	1	180	Albert Ian DELOS SANTOS	12-08-2006	PHI
		2	165	Mehrab DAVASARI	12-01-2007	IRI
		3	159	Seojin JANG	09-10-2007	KOR
	TOTAL	1	321	Albert Ian DELOS SANTOS	12-08-2006	PHI
		2	299	Mehrab DAVASARI	12-01-2007	IRI
		3	298	Yash Vinod KHANDAGALE	27-10-2007	IND
75 kg	SNATCH	1	145	Mohammad Javad BEYRALVAND	26-10-2009	IRI
		2	137	Nurassyl ARAPBAY	23-07-2007	KAZ
		3	136	Nurillo DAVLATBOEV	18-06-2006	UZB
	C&Jerk	1	180	Mohammad Javad BEYRALVAND	26-10-2009	IRI
		2	172	Jinmyeong YOON	24-11-2007	KOR
		3	170	Erbol SARPASHEV	11-03-2006	KGZ
	TOTAL	1	325	Mohammad Javad BEYRALVAND	26-10-2009	IRI
		2	307	Jinmyeong YOON	24-11-2007	KOR
		3	306	Nurillo DAVLATBOEV	18-06-2006	UZB
85 kg	SNATCH	1	111	Mohammed Adel Abdulqawi Ahmed AL-SAAGH	18-10-2008	YEM
		2	85	Khalaf ALOTAIBI	24-05-2010	KUW
		3	75	Saeed ALHAJERI	27-12-2009	UAE
	C&Jerk	1	130	Mohammed Adel Abdulqawi Ahmed AL-SAAGH	18-10-2008	YEM
		2	100	Khalaf ALOTAIBI	24-05-2010	KUW
		3	90	Saeed ALHAJERI	27-12-2009	UAE
	TOTAL	1	241	Mohammed Adel Abdulqawi Ahmed AL-SAAGH	18-10-2008	YEM
		2	185	Khalaf ALOTAIBI	24-05-2010	KUW
		3	165	Saeed ALHAJERI	27-12-2009	UAE

JUNIOR WOMEN's MEDALLISTS

	LIFT	RANK	RESULT	NAME	BORN	TEAM
49 kg	SNATCH	1	80	Angeline COLONIA	22-05-2006	PHI
		2	77	Naruemol VONGHAJAK	19-04-2006	THA
		3	77	Alexsandra Ann DIAZ	06-12-2010	PHI
	C&Jerk	1	101	Naruemol VONGHAJAK	19-04-2006	THA
		2	93	Angeline COLONIA	22-05-2006	PHI
		3	93	Hoai KA	15-07-2008	VIE
	TOTAL	1	178	Naruemol VONGHAJAK	19-04-2006	THA
		2	173	Angeline COLONIA	22-05-2006	PHI
		3	169	Alexsandra Ann DIAZ	06-12-2010	PHI
53 kg	SNATCH	1	86	Jhodie PERALTA	07-11-2009	PHI
		2	83	Shabnam KERIMBAYEVA	26-12-2009	TKM
		3	82	Natcha KAEWNOI	26-03-2006	THA
	C&Jerk	1	107	Natcha KAEWNOI	26-03-2006	THA
		2	103	Shabnam KERIMBAYEVA	26-12-2009	TKM
		3	102	Lien Y	30-10-2008	VIE
	TOTAL	1	189	Natcha KAEWNOI	26-03-2006	THA
		2	188	Jhodie PERALTA	07-11-2009	PHI
		3	186	Shabnam KERIMBAYEVA	26-12-2009	TKM
57 kg	SNATCH	1	90	Marjona ABDUMUTALOVA	28-05-2008	UZB
		2	88	Snezhana KASHKAROVA	02-08-2011	KAZ
		3	84	Tho Y	07-07-2008	VIE
	C&Jerk	1	112	Snezhana KASHKAROVA	02-08-2011	KAZ
		2	109	Marjona ABDUMUTALOVA	28-05-2008	UZB
		3	105	Rosalinda FAUSTINO	17-06-2007	PHI
	TOTAL	1	200	Snezhana KASHKAROVA	02-08-2011	KAZ
		2	199	Marjona ABDUMUTALOVA	28-05-2008	UZB
		3	188	Rosalinda FAUSTINO	17-06-2007	PHI
61 kg	SNATCH	1	96	Ziyoda KHUDOYKULOVA	06-02-2006	UZB
		2	95	Yaowaret PHOEMKAEW	02-03-2007	THA
		3	94	Maryam KESHTKAR	06-05-2008	IRI
	C&Jerk	1	120	Yaowaret PHOEMKAEW	02-03-2007	THA
		2	112	Ziyoda KHUDOYKULOVA	06-02-2006	UZB
		3	111	Maryam KESHTKAR	06-05-2008	IRI
	TOTAL	1	215	Yaowaret PHOEMKAEW	02-03-2007	THA
		2	208	Ziyoda KHUDOYKULOVA	06-02-2006	UZB
		3	205	Maryam KESHTKAR	06-05-2008	IRI
69 kg	SNATCH	1	81	Zibagul SOYMUSHOVA	14-01-2008	TKM
		2	81	Nurul Syasya Khairina SAMSUR	30-10-2009	MAS
		3	77	Bolor-Od LKHAGVAJAV	24-10-2011	MGL
	C&Jerk	1	106	Zibagul SOYMUSHOVA	14-01-2008	TKM
		2	75	Mariam THEYAB	01-08-2010	KUW
		3				
	TOTAL	1	187	Zibagul SOYMUSHOVA	14-01-2008	TKM
		2	135	Mariam THEYAB	01-08-2010	KUW
		3				



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JUNIOR SUMMARY TEAM CLASSIFICATION

No.	Team	MEN	WOMEN	SUMMARY
1	PHI : PHILIPPINES	178/3	289/4	467/7
2	KUW : KUWAIT	171/3	290/5	461/8
3	UZB : UZBEKISTAN	199/3	217/3	416/6
4	KAZ : KAZAKHSTAN	201/3	209/3	410/6
5	THA : THAILAND	115/2	241/3	356/5
6	VIE : VIETNAM	109/2	219/4	328/6
7	KGZ : KYRGYZSTAN	239/4	60/1	299/5
8	IND : INDIA	296/4	0/0	296/4
9	MGL : MONGOLIA	108/2	130/3	238/5
10	IRI : IRAN	156/2	69/1	225/3
11	KOR : KOREA	199/3	21/1	220/4
12	KSA : SAUDI ARABIA	98/4	104/2	202/6
13	TKM : TURKMENISTAN	0/0	157/2	157/2
14	SYR : SYRIAN AR	0/0	117/2	117/2
15	TPE : CHINESE TAIPEI	0/0	117/2	117/2
16	JPN : JAPAN	0/0	111/2	111/2
17	YEM : YEMEN	84/1	0/0	84/1
18	MAS : MALAYSIA	55/1	25/1	80/2
19	UAE : UA EMIRATES	69/1	0/0	69/1
20	INA : INDONESIA	63/1	0/0	63/1
21	BRN : BAHRAIN	0/0	63/1	63/1
22	JOR : JORDAN	51/1	0/0	51/1
23	BAN : BANGLADESH	0/0	48/1	48/1
24	TJK : TAJIKISTAN	48/1	0/0	48/1



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JUNIOR MEN's TEAM CLASSIFICATION

No.	Team	60 kg	65 kg	70 kg	75 kg	85 kg	TOTAL
1	IND : INDIA	154/2	72/1	70/1	-	-	296/4
2	KGZ : KYRGYZSTAN	56/1	59/1	59/1	65/1	-	239/4
3	KAZ : KAZAKHSTAN	-	67/1	66/1	68/1	-	201/3
4	UZB : UZBEKISTAN	66/1	65/1	-	68/1	-	199/3
5	KOR : KOREA	-	62/1	65/1	72/1	-	199/3
6	PHI : PHILIPPINES	74/1	20/1	84/1	-	-	178/3
7	KUW : KUWAIT	45/1	51/1	-	-	75/1	171/3
8	IRI : IRAN	-	-	72/1	84/1	-	156/2
9	THA : THAILAND	-	55/1	-	60/1	-	115/2
10	VIE : VIETNAM	-	109/2	-	-	-	109/2
11	MGL : MONGOLIA	42/1	-	-	-	66/1	108/2
12	KSA : SAUDI ARABIA	60/1	18/1	20/1	0/1	-	98/4
13	YEM : YEMEN	-	-	-	-	84/1	84/1
14	UAE : UA EMIRATES	-	-	-	-	69/1	69/1
15	INA : INDONESIA	63/1	-	-	-	-	63/1
16	MAS : MALAYSIA	55/1	-	-	-	-	55/1
17	JOR : JORDAN	51/1	-	-	-	-	51/1
18	TJK : TAJIKISTAN	48/1	-	-	-	-	48/1

JUNIOR WOMEN's TEAM CLASSIFICATION

No.	Team	49 kg	53 kg	57 kg	61 kg	69 kg	TOTAL
1	KUW : KUWAIT	111/2	50/1	57/1	-	72/1	290/5
2	PHI : PHILIPPINES	146/2	75/1	68/1	-	-	289/4
3	THA : THAILAND	81/1	79/1	-	81/1	-	241/3
4	VIE : VIETNAM	67/1	85/2	67/1	-	-	219/4
5	UZB : UZBEKISTAN	-	61/1	78/1	78/1	-	217/3
6	KAZ : KAZAKHSTAN	-	-	81/1	128/2	-	209/3
7	TKM : TURKMENISTAN	-	73/1	-	-	84/1	157/2
8	MGL : MONGOLIA	-	-	-	107/2	23/1	130/3
9	TPE : CHINESE TAIPEI	-	61/1	-	56/1	-	117/2
10	SYR : SYRIAN AR	-	-	63/1	54/1	-	117/2
11	JPN : JAPAN	-	111/2	-	-	-	111/2
12	KSA : SAUDI ARABIA	60/1	-	-	44/1	-	104/2
13	IRI : IRAN	-	-	-	69/1	-	69/1
14	BRN : BAHRAIN	63/1	-	-	-	-	63/1
15	KGZ : KYRGYZSTAN	-	-	60/1	-	-	60/1
16	BAN : BANGLADESH	-	-	-	48/1	-	48/1
17	MAS : MALAYSIA	-	-	-	-	25/1	25/1
18	KOR : KOREA	-	-	-	21/1	-	21/1

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JUNIOR SUMMARY MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12
1	PHI : PHILIPPINES	6	3	6	3		1						
2	THA : THAILAND	6	2	1			3	2		1			
3	IRI : IRAN	3	2	3	1								
4	VIE : VIETNAM	3	1	3	6				1				
5	IND : INDIA	2	6	2	2								
6	UZB : UZBEKISTAN	2	4	2	6	2	2						
7	KAZ : KAZAKHSTAN	2	2	3	5	5	1						
8	KOR : KOREA		2	2	1	4			1				
9	TKM : TURKMENISTAN		2	1									
10	KGZ : KYRGYZSTAN			1		2	7	4	1				
11	SYR : SYRIAN AR					3			3				
12	BRN : BAHRAIN					3							
13	INA : INDONESIA					3							
14	TPE : CHINESE TAIPEI					2	1	2		1			
15	KSA : SAUDI ARABIA						7		1			2	1
16	JPN : JAPAN						1	2	2	1			
17	MGL : MONGOLIA						1	2		2		1	3
18	KUW : KUWAIT							6	4	3	2	3	
19	MAS : MALAYSIA							1	2				
20	JOR : JORDAN									3			
21	BAN : BANGLADESH										3		
22	TJK : TAJIKISTAN										3		



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JUNIOR MEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12
1	PHI : PHILIPPINES	4		2			1						
2	IRI : IRAN	3	2		1								
3	VIE : VIETNAM	3	1										
4	IND : INDIA	2	6	2	2								
5	KOR : KOREA		2	2	1	3			1				
6	KAZ : KAZAKHSTAN		1	3	2	3							
7	UZB : UZBEKISTAN			2	6	1							
8	KGZ : KYRGYZSTAN			1		2	4	4	1				
9	INA : INDONESIA					3							
10	KSA : SAUDI ARABIA						4		1				
11	THA : THAILAND						3	2		1			
12	MAS : MALAYSIA							1	2				
13	KUW : KUWAIT								1	1	1	3	
14	JOR : JORDAN									3			
15	TJK : TAJIKISTAN										3		
16	MGL : MONGOLIA												3



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JUNIOR WOMEN 's MEDALS

No.	Team	1	2	3	4	5	6	7	8	9	10	11	12
1	THA : THAILAND	6	2	1									
2	UZB : UZBEKISTAN	2	4			1	2						
3	PHI : PHILIPPINES	2	3	4	3								
4	KAZ : KAZAKHSTAN	2	1		3	2	1						
5	TKM : TURKMENISTAN		2	1									
6	VIE : VIETNAM			3	6				1				
7	IRI : IRAN			3									
8	SYR : SYRIAN AR					3			3				
9	BRN : BAHRAIN					3							
10	TPE : CHINESE TAIPEI					2	1	2		1			
11	KOR : KOREA					1							
12	KSA : SAUDI ARABIA						3					2	1
13	KGZ : KYRGYZSTAN						3						
14	JPN : JAPAN						1	2	2	1			
15	MGL : MONGOLIA						1	2		2		1	
16	KUW : KUWAIT							6	3	2	1		
17	BAN : BANGLADESH										3		



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RESULT JUNIOR MEN 60 kg

Competition : 07.08.2026 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	70	[A] Tomchou Meetei NAMEIRAKPAM	270	IND	04-03-2006	60.00	113	116	119	116	3	143	147	150	150	1	266	1
2	266	[A] Gurunaidu SANAPATHI	270	IND	09-05-2006	59.95	114	117	119	119	2	143	143	146	146	2	265	2
3	201	[A] Prince Keil DELOS SANTOS	260	PHI	04-09-2007	59.45	115	118	120	120	1	140	144	146	144	3	264	3
4	133	[A] Asilbek YUSUPOV	270	UZB	01-12-2006	59.95	113	116	116	116	4	143	146	146	143	4	259	4
5	121	[A] Kevin Andrian RAMADHAN	270	INA	12-09-2008	59.90	113	117	118	113	5	142	142	142	142	5	255	5
6	221	[A] Mohammed Nawaf M AL OJAIAN	245	KSA	20-06-2009	54.50	106	109	109	109	6	133	133	138	138	6	247	6
7	35	[B] Bekbol SARPASHEV	240	KGZ	11-03-2006	60.00	105	109	112	109	7	135	139	139	135	8	244	7
8	224	[B] Ahmad Darwisy ZHARFAN	230	MAS	25-11-2008	59.75	98	103	106	106	8	130	137	142	137	7	243	8
9	75	[B] Bahaa ALKHAWALDEH	215	JOR	28-02-2010	59.05	95	100	105	100	9	122	126	126	122	9	222	9
10	231	[B] Faizali SANGOV	220	TJK	08-03-2006	58.25	93	93	95	95	10	110	115	116	115	10	210	10
11	275	[C] Mohammad ALOTAIBI	190	KUW	26-10-2010	64.75	80	85	91	91	11	100	107	114	107	11	198	11
12	45	[C] Otgonnyam DEMBERELNYAMBUU	170	MGL	25-06-2011	59.15	78	82	85	85	12	95	95	102	102	12	187	12



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RESULT JUNIOR MEN 65 kg

Competition : 07.08.2026 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	97	[A] Hoang Sang THACH	290	VIE	08-12-2007	64.30	130	134	139	134	1	157	157	164	157	1	291	1
2	112	[A] Maharajan ARUMUGAPANDIAN	282	IND	22-04-2008	65.00	124	128	131	128	4	154	157	157	157	2	285	2
3	129	[A] Beibarys YERSEIT	280	KAZ	26-02-2009	64.65	126	129	132	129	3	152	154	154	152	5	281	3
4	124	[A] Diyorbek ODILOV	285	UZB	12-08-2006	64.70	121	125	127	127	5	153	153	153	153	4	280	4
5	85	[B] Yohan KIM	270	KOR	09-08-2006	64,95	115	120	123	123	8	156	163	167	156	3	279	5
6	172	[B] Dastan IMANALIEV	270	KGZ	17-09-2006	64,40	120	125	125	125	7	145	145	150	145	6	270	6
7	218	[B] Phanudet PANKROD	250	THA	22-09-2008	64,25	100	106	111	106	9	130	135	140	140	7	246	7
8	44	[C] Fahad ALOTAIBI	210	KUW	20-06-2008	63.65	85	90	95	90	10	105	--	--	105	9	195	8
	49	[A] Abdullah Ibrahim A ALMOHAIMEED	280	KSA	28-06-2008	64.20	121	122	122	--		140	152	154	140	8	--	
	119	[A] Tieu A	295	VIE	15-06-2007	64.70	126	129	130	130	2	--	--	--	--		--	
	148	[A] Mango Prince David TARRO	280	PHI	25-11-2006	64.45	124	126	126	126	6	153	153	153	--		--	

BREAK RECORDS

YOUTH ASIAN RECORDS MEN 65 kg TOTAL : ASIAN STANDARD [] 280 ----> BEIBARYS YERSEIT [KAZ] 281



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RESULT JUNIOR MEN 70 kg

Competition : 09.08.2026 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	244	[A] Albert Ian DELOS SANTOS	310	PHI	12-08-2006	69.20	135	138	141	141	1	176	180	--	180	1	321	1
2	36	[A] Mehrab DAVASARI	285	IRI	12-01-2007	68.70	121	127	134	134	4	155	163	165	165	2	299	2
3	293	[A] Yash Vinod KHANDAGALE	310	IND	27-10-2007	69.35	136	140	143	140	2	158	162	164	158	4	298	3
4	63	[A] Yersultan TURSUNBEKOV	301	KAZ	23-05-2007	69.80	133	136	141	136	3	151	151	151	151	5	287	4
5	12	[A] Seojin JANG	285	KOR	09-10-2007	69.70	120	125	132	125	5	159	159	164	159	3	284	5
6	146	[B] Mirlanbek ZHAMALOV	265	KGZ	24-12-2007	69.05	120	125	125	120	7	145	150	150	150	6	270	6
	165	[A] Ali Hussin M AL HAWAR	291	KSA	20-01-2008	68.35	122	122	128	122	6	149	--	--	--		--	

BREAK RECORDS

JUNIOR ASIAN RECORDS MEN 70 kg CLEAN&JERK : ASIAN STANDARD [] 179 ----> ALBERT IAN DELOS SANTOS [PHI] 180

JUNIOR ASIAN RECORDS MEN 70 kg TOTAL : ASIAN STANDARD [] 316 ----> ALBERT IAN DELOS SANTOS [PHI] 321

JUNIOR WORLD RECORDS MEN 70 kg CLEAN&JERK : WORLD STANDARD [] 179 ----> ALBERT IAN DELOS SANTOS [PHI] 180

JUNIOR WORLD RECORDS MEN 70 kg TOTAL : WORLD STANDARD [] 318 ----> ALBERT IAN DELOS SANTOS [PHI] 321



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RESULT JUNIOR MEN 75 kg

Competition : 10.08.2026 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	174	[A] Mohammad Javad BEYRALVAND	300	IRI	26-10-2009	74.35	140	145	145	145	1	166	173	180	180	1	325	1
2	290	[A] Jinmyeong YOON	305	KOR	24-11-2007	74.55	135	135	139	135	4	167	172	176	172	2	307	2
3	57	[A] Nurillo DAVLATBOEV	315	UZB	18-06-2006	74.55	136	136	138	136	3	165	170	174	170	4	306	3
4	77	[A] Nurassyl ARAPBAY	311	KAZ	23-07-2007	74.80	133	137	137	137	2	163	164	168	168	5	305	4
5	206	[B] Erbol SARPASHEV	270	KGZ	11-03-2006	74.60	125	130	130	130	5	160	165	170	170	3	300	5
6	9	[B] Kongla PROMDUANGSRI	285	THA	02-10-2008	74.05	120	125	131	125	6	150	155	156	150	6	275	6
	226	[A] Mohammed Bassam AL MARZOUQ	313	KSA	25-09-2007	74.85	131	--	--	--		--	--	--	--		--	

BREAK RECORDS

YOUTH ASIAN RECORDS MEN 75 kg SNATCH : ASIAN STANDARD [] 141 ---> MOHAMMAD JAVAD BEYRALVAND [IRI] 145

YOUTH ASIAN RECORDS MEN 75 kg CLEAN&JERK : ASIAN STANDARD [] 169 ---> MOHAMMAD JAVAD BEYRALVAND [IRI] 180

YOUTH ASIAN RECORDS MEN 75 kg TOTAL : ASIAN STANDARD [] 308 ---> MOHAMMAD JAVAD BEYRALVAND [IRI] 325

YOUTH WORLD RECORDS MEN 75 kg SNATCH : WORLD STANDARD [] 144 ---> MOHAMMAD JAVAD BEYRALVAND [IRI] 145

YOUTH WORLD RECORDS MEN 75 kg CLEAN&JERK : WORLD STANDARD [] 172 ---> MOHAMMAD JAVAD BEYRALVAND [IRI] 180

YOUTH WORLD RECORDS MEN 75 kg TOTAL : WORLD STANDARD [] 313 ---> MOHAMMAD JAVAD BEYRALVAND [IRI] 325



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026



RESULT JUNIOR MEN 85 kg

Competition : 11.08.2026 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	103	[B] Mohammed Adel Abdulqawi Ahmed AL-SAAGH	225	YEM	18-10-2008	84.05	105	110	111	111	1	121	127	130	130	1	241	1
2	26	[B] Khalaf ALOTAIBI	160	KUW	24-05-2010	78.55	80	85	90	85	2	100	100	106	100	2	185	2
3	177	[B] Saeed ALHAJERI	160	UAE	27-12-2009	76.55	70	75	75	75	3	90	90	95	90	3	165	3
4	193	[B] Dulguunbaatar MASHBAT	100	MGL	26-08-2011	82.70	57	63	67	63	4	70	76	76	76	4	139	4
	200	[A] YerasyI SAULEBEKOV	356	KAZ	27-11-2006													
	233	[A] Akzhol KURMANBEK	350	KAZ	07-12-2007													
	253	[A] Adrian GRANJA	345	BRN	11-03-2008													
	259	[A] Boburmirzo YOKUBOV	345	UZB	17-12-2007													
	237	[A] Khikmatillo KHAYDAROV	345	UZB	09-04-2006													
	107	[A] Galkan RAHMANOV	340	TKM	22-08-2006													
	120	[A] Mohammad Amin DADVAND MESHGINSHAHR	330	IRI	12-12-2009													
	287	[A] Mohammed Ali A ALZAWRI	330	KSA	29-09-2007													
	151	[A] Mohamad ALKATEB	330	SYR	05-01-2007													
	223	[A] Hajymyrat GYLYCHMYRADOV	325	TKM	16-06-2008													



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026



RESULT JUNIOR WOMEN 49 kg

Competition : 07.08.2026 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	196	[A] Naruemol VONGHAJAK	180	THA	19-04-2006	48.15	73	75	77	77	2	98	101	105	101	1	178	1
2	109	[A] Angeline COLONIA	180	PHI	22-05-2006	48.50	78	80	82	80	1	93	96	96	93	2	173	2
3	68	[A] Aleksandra Ann DIAZ	170	PHI	06-12-2010	48.45	72	77	77	77	3	92	100	100	92	4	169	3
4	188	[A] Hoai KA	165	VIE	15-07-2008	48.40	70	73	76	73	4	90	93	93	93	3	166	4
5	163	[A] Mahmood ZAINAB	120	BRN	08-11-2010	47.50	50	54	56	54	5	62	64	66	66	5	120	5
6	161	[A] Nadin Mohammed Y BAYDHI	110	KSA	02-04-2011	43.85	41	44	45	44	6	49	53	55	55	6	99	6
7	27	[B] Awrad ALDALALI	70	KUW	13-10-2006	45.50	30	35	40	35	8	45	50	50	50	7	85	7
8	214	[A] Tala HUSAIN	70	KUW	15-07-2010	44.25	30	35	40	35	7	40	45	45	40	8	75	8



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

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RESULT JUNIOR WOMEN 53 kg

Competition : 08.08.2026 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	62	[A] Natcha KAEWNOI	200	THA	26-03-2006	52.60	81	82	85	82	3	101	104	107	107	1	189	1
2	284	[A] Jhodie PERALTA	190	PHI	07-11-2009	52.45	82	84	86	86	1	100	100	102	102	4	188	2
3	207	[A] Shabnam KERIMBAYEVA	190	TKM	26-12-2009	52.95	79	81	83	83	2	102	102	103	103	2	186	3
4	149	[A] Lien Y	187	VIE	30-10-2008	52.70	80	80	83	80	4	102	105	108	102	3	182	4
5	300	[A] Hsing-Chen PAN	170	TPE	30-07-2006	52.45	75	75	78	78	5	95	96	102	96	7	174	5
6	89	[A] Munisa ODILOVA	180	UZB	10-04-2009	52.65	75	75	79	75	6	92	96	99	96	5	171	6
7	22	[A] Natsuki ISAKA	170	JPN	12-06-2006	52.90	67	70	73	73	8	93	96	100	96	6	169	7
8	241	[A] Cocoro IIZUKA	174	JPN	10-05-2007	52.45	74	74	78	74	7	94	94	98	94	9	168	8
9	156	[B] Rayan FARHAN	70	KUW	24-01-2011	49,85	25	30	35	35	9	35	38	40	40	10	75	9
	230	[A] Thi Thanh Tuyen LUONG	183	VIE	05-07-2008	52.90	82	83	83	--		95	100	100	95	8	--	



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

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RESULT JUNIOR WOMEN 57 kg

Competition : 10.08.2026 14:00

Weigh in : 12:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	273	[A] Snezhana KASHKAROVA	195	KAZ	02-08-2011	56.70	82	85	88	88	2	106	110	112	112	1	200	1
2	28	[A] Marjona ABDUMUTOLOVA	200	UZB	28-05-2008	57	85	88	90	90	1	105	107	109	109	2	199	2
3	61	[A] Rosalinda FAUSTINO	190	PHI	17-06-2007	56.5	80	83	86	83	4	105	110	111	105	3	188	3
4	84	[A] Tho Y	187	VIE	07-07-2008	56.45	80	84	86	84	3	101	105	106	101	4	185	4
5	280	[A] Zeina ALI	148	SYR	01-02-2011	56.75	60	64	64	64	5	72	77	80	77	5	141	5
6	212	[A] Tumara ZHAPAROVA	125	KGZ	14-01-2008	55.80	50	53	53	53	6	65	68	70	70	6	123	6
7	243	[A] Manar ALMUTAIRI	80	KUW	13-02-2006	55.75	40	45	45	45	7	50	55	58	58	7	103	7

BREAK RECORDS

YOUTH ASIAN RECORDS WOMEN 57 kg SNATCH : ASIAN STANDARD [] 87 ---> SNEZHANA KASHKAROVA [KAZ] 88

YOUTH ASIAN RECORDS WOMEN 57 kg CLEAN&JERK : ASIAN STANDARD [] 109 ---> SNEZHANA KASHKAROVA [KAZ] 112

YOUTH ASIAN RECORDS WOMEN 57 kg TOTAL : ASIAN STANDARD [] 194 ---> SNEZHANA KASHKAROVA [KAZ] 200

YOUTH WORLD RECORDS WOMEN 57 kg CLEAN&JERK : WORLD STANDARD [] 110 ---> SNEZHANA KASHKAROVA [KAZ] 112

YOUTH WORLD RECORDS WOMEN 57 kg TOTAL : WORLD STANDARD [] 196 ---> SNEZHANA KASHKAROVA [KAZ] 200



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Tashkent, Uzbekistan

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RESULT JUNIOR WOMEN 61 kg

Competition : 10.08.2026 12:00

Weigh in : 10:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	153	[A] Yaowaret PHOEMKAEW	210	THA	02-03-2007	59.55	92	95	95	95	2	114	120	127	120	1	215	1
2	267	[A] Ziyoda KHUDOYKULOVA	220	UZB	06-02-2006	60.20	93	95	96	96	1	110	112	112	112	2	208	2
3	127	[A] Maryam KESHTKAR	210	IRI	06-05-2008	60.80	89	90	94	94	3	108	111	111	111	3	205	3
4	48	[A] Xeniya PROZOROVA	210	KAZ	13-02-2010	60.80	88	92	94	94	4	106	110	110	110	4	204	4
5	29	[A] Darya BALABAYUK	202	KAZ	17-01-2007	60.60	83	86	87	83	6	101	106	110	106	5	189	5
6	101	[B] Otgontuul BATTSEND	160	MGL	06-10-2007	60.30	73	78	81	78	7	92	97	97	97	7	175	6
7	294	[B] You-Tong YU	180	TPE	28-12-2006	60.00	74	80	80	74	9	90	95	98	98	6	172	7
8	154	[B] Ghazal ZARKA	175	SYR	01-02-2010	59.20	74	77	77	77	8	87	92	95	92	8	169	8
9	150	[B] Pagamdulam DORJNAMJAM	140	MGL	27-12-2011	60.90	58	63	63	58	11	70	80	84	84	9	142	9
10	175	[B] Shammi SULTANA	130	BAN	03-02-2010	60.90	55	59	63	59	10	70	70	73	73	10	132	10
11	100	[B] Samar Jaber A MIQTAFI	120	KSA	05-01-2009	60.25	46	50	50	50	12	55	59	59	55	11	105	11
	222	[B] Juhui HAN	184	KOR	26-08-2007	60.60	81	84	86	86	5	100	100	100	--		--	

BREAK RECORDS

YOUTH ASIAN RECORDS WOMEN 61 kg SNATCH : ASIAN STANDARD [] 91 ---> XENIYA PROZOROVA [KAZ] 94

YOUTH WORLD RECORDS WOMEN 61 kg SNATCH : WORLD STANDARD [] 93 ---> XENIYA PROZOROVA [KAZ] 94



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RESULT JUNIOR WOMEN 69 kg

Competition : 11.08.2026 10:00

Weigh in : 8:00

No.	LOT	NAME	ENT.	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Res.	Rank	1	2	3	Res.	Rank	Res.	Rank
1	104	[B] Zibagul SOYMUSHOVA	190	TKM	14-01-2008	64,30	78	81	84	81	1	103	106	109	106	1	187	1
2	142	[B] Mariam THEYAB	100	KUW	01-08-2010	67,90	55	60	65	60	4	70	75	80	75	2	135	2
	192	[B] Nurul Syasya Khairina SAMSUR	180	MAS	30-10-2009	67,85	78	81	83	81	2	106	106	--	--		--	
	179	[B] Bolor-Od LKHAGVAJAV	160	MGL	24-10-2011	68,95	72	77	81	77	3	90	90	90	--		--	
	182	[A] Hasti SEDIGHI MOURNANI	235	IRI	14-11-2008													
	59	[A] Haniyeh SHARIFI SEDEH	230	IRI	04-09-2007													
	69	[A] Shakhnoza KHAYDAROVA	230	UZB	18-05-2009													
	128	[A] Kira DANILOVA	221	KAZ	08-07-2008													
	14	[A] Medine AMANOVA	210	TKM	05-03-2006													
	271	[A] Nattanicha KARAKET	205	THA	28-04-2007													
	94	[A] Harika BELLANA	200	IND	10-08-2007													
	274	[A] Tamanna -	200	IND	13-10-2007													
	168	[A] Soomin KIM	200	KOR	14-12-2007													
	20	[A] Kamola KAMILOVA	200	UZB	10-01-2010													



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Tashkent, Uzbekistan

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START LIST / PROTOCOL



Competition : 07.08.2026 10:00

MEN 60 kg C, 65 kg C

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
60 kg C																		
1	45	Otgonnyam DEMBERELNYAMBUU	170	MGL	25-06-2011	59.15	78	82	85	85		95	95	102	102		187	
2	114	Shakhriyor BURONOV	190	TJK	2009	59.25	75	75	75	--		--	--	--	--		--	
3	265	Humoud ALMATAR	130	KUW	24-04-2009	60.00	60	65	71	65		70	80	85	85		150	
4	275	Mohammad ALOTAIBI	190	KUW	26-10-2010	64.75	80	85	91	91		100	107	114	107		198	
65 kg C																		
5	44	Fahad ALOTAIBI	210	KUW	20-06-2008	63.65	85	90	95	90		105	--	--	105		195	
6	98	Mustafo BURIEV	170	TJK	2009	64.75	65	70	70	65		90	95	95	95		160	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Sultana Shahria [BAN]
Left - Hamid Salehi [IRI]
Right - Igor Pchelintsev [KAZ]
Reserve - Elsamman Nadzieja [LBN]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

1. Abdullah Aljarmal [YEM]
2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



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START LIST / PROTOCOL



Competition : 07.08.2026 12:00

WOMEN 45 kg A

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
45 kg A																		
1	17	Khongorzul CHOGSOMTSEREN	90	MGL	08-12-2009	44.65	38	41	45	41		45	45	50	45		86	
2	56	Thi Bay MAU	150	VIE	25-01-2012	43.40	60	60	63	63		78	79	79	79		142	
3	82	Shakhnoza TURDIALIYEVA	130	UZB	09-11-2012	44.90	57	60	62	62		69	70	72	72		134	
4	86	Parishmita GOGOI	145	IND	29-03-2010	44.60	63	63	65	65		76	76	78	76		141	
5	111	K Huong CO LIENG	150	VIE	03-06-2010	44.75	63	63	64	--		79	79	79	--		--	
6	161	Nadin Mohammed Y BAYDHI	110	KSA	02-04-2011	43.85	41	44	45	44		49	53	55	55		99	
7	167	Althea BACARO	147	PHI	09-06-2011	43.60	63	63	65	63		81	83	85	83		146	
8	214	Tala HUSAIN	70	KUW	15-07-2010	44.25	30	35	40	35		40	45	45	40		75	
9	246	Soliha BAHODIROVA	150	UZB	25-02-2012	44.95	62	64	66	64		77	77	78	--		--	
10	252	Titli MAJI	145	IND	22-12-2011	44.70	62	65	65	65		78	78	80	80		145	
11	262	Shakhrizoda SHOMURODOVA	125	UZB	20-04-2013	44.20	52	55	56	52		63	66	69	66		118	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

Center - Yadav Khushbu [IND]
Left - Adel Aldosari [QAT]
Right - Youm Okjin [KOR]
Reserve - Hoi Kam Fai [MAC]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

1. Abdullah Aljarmal [YEM]
2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



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START LIST / PROTOCOL



Competition : 07.08.2026 17:00

MEN 55 kg A

Weigh in : 15:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
55 kg A																		
1	16	Bakhodir BEKPULATOV	190	UZB	04-02-2010	53.60	80	86	86	86		100	105	107	105		191	
2	25	Jay-R COLONIA	240	PHI	03-01-2009	54.20	105	108	108	108		135	138	140	135		243	
3	43	Arshlan -	227	IND	18-11-2009	54.75	99	99	99	--		120	120	126	120		--	
4	87	Thanodom RAKJAN	220	THA	25-08-2009	54.70	85	90	97	90		115	121	126	121		211	
5	115	Saivali KURBONOV	140	TJK	2010	53.90	65	67	67	65		75	80	82	80		145	
6	138	Minh Dao BUI	240	VIE	04-06-2009	54.60	98	104	104	98		125	130	130	125		223	
7	195	Van The HUNG	242	VIE	25-09-2009	54.95	106	107	110	110		131	134	137	131		241	
8	211	Abdukarim SANGOV	140	TJK	2010	51.30	60	65	65	65		75	81	81	81		146	
9	221	Mohammed Nawaf M AL OJAIAN	245	KSA	20-06-2009	54.50	106	109	109	109		133	133	138	138		247	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Rustam Niiazaliiev [KGZ]
Left - Baatsuri Baasandemberel [MGL]
Right - Chui Kan Yuen [SGP]
Reserve - Duangta Yaikawawong [THA]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

1. Khodr Moukalled [LBN]
2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



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START LIST / PROTOCOL



Competition : 08.08.2026 10:00

WOMEN 49 kg B, 53 kg B

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
49 kg B																		
1	27	Awrad ALDALALI	70	KUW	13-10-2006	45,50	30	35	40	35		45	50	50	50		85	
2	225	Ariunkhuslen NOROV SAMBUU	90	MGL	05-09-2009	48,95	40	44	49	44		53	53	60	53		97	
3	278	Begimai ABDYG AZIEVA	114	KGZ	12-02-2011	48,70	50	53	56	53		58	60	63	63		116	
53 kg B																		
4	53	Aidai AMANGELDIEVA	134	KGZ	13-06-2009	52,50	60	63	65	63		68	72	72	68		131	
5	156	Rayan FARHAN	70	KUW	24-01-2011	49,85	25	30	35	35		35	38	40	40		75	
6	178	Kokoa TAKAHASHI	162	JPN	28-03-2009	52,65	65	69	73	69		85	90	93	93		162	
7	215	Viktoriya MURASHKINA	168	KAZ	09-01-2009	52,90	67	69	71	71		81	84	85	81		152	
8	238	Kokone SAKAI	156	JPN	03-05-2009	52,20	65	68	68	68		75	78	81	78		146	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Duangta Yaikawawong [THA]
Left - Rustam Niiazaliiev [KGZ]
Right - Baatsuri Baasandemberel [MGL]
Reserve - Chui Kan Yuen [SGP]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

1. Khodr Moukalled [LBN]
2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 08.08.2026 12:00

MEN 60 kg B

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
60 kg B																		
1	35	Bekbol SARPASHEV	240	KGZ	11-03-2006	60.00	105	109	112	109		135	139	139	135		244	
2	41	Ramazan Efe YILMAZ	245	TUR	11-09-2008	59.45	106	110	110	110		140	146	150	150		260	
3	54	Hari Prasad KACHARI	230	IND	25-02-2010	59.70	99	103	103	99		122	126	129	126		225	
4	67	Kitipong THODLA	230	THA	27-02-2009	59.35	95	100	101	101		124	129	131	124		225	
5	75	Bahaa ALKHAWALDEH	215	JOR	28-02-2010	59.05	95	100	105	100		122	126	126	122		222	
6	91	Dharmajyoti DEWGHARIA	243	IND	07-02-2009	59.65	103	106	106	103		134	139	141	139		242	
7	216	Rady ROEUN	200	CAM	08-03-2010	58.00	75	80	80	75		105	105	105	105		180	
8	217	Alvin SAPUTRA	240	INA	14-03-2010	59.70	97	101	102	102		127	130	130	127		229	
9	224	Ahmad Darwisy ZHARFAN	230	MAS	25-11-2008	59.75	98	103	106	106		130	137	142	137		243	
10	231	Faizali SANGOV	220	TJK	08-03-2006	58.25	93	93	95	95		110	115	116	115		210	
11	268	Abdullah Saeed M Passport ZUBAIDI	210	KSA	15-05-2009	59.70	93	98	101	101		110	117	121	121		222	
12	305	Ogabek ISMOILOV	200	UZB	02-01-2010	59.55	93	94	94	94		112	116	--	116		210	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Hoi Kam Fai [MAC]
Left - Yadav Khushbu [IND]
Right - Adel Aldosari [QAT]
Reserve - Youm Okjin [KOR]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

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2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 08.08.2026 14:00

MEN 60 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
60 kg A																		
1	37	Azizbek DADAJONOV	245	UZB	24-09-2009	59.80	104	107	111	107		126	130	134	134		241	
2	52	Atabek AZAMATOV	250	TKM	14-07-2009	59.95	110	113	115	113		125	130	132	132		245	
3	70	Tomchou Meetei NAMEIRAKPAM	270	IND	04-03-2006	60.00	113	116	119	116		143	147	150	150		266	
4	121	Kevin Andrian RAMADHAN	270	INA	12-09-2008	59.90	113	117	118	113		142	142	142	142		255	
5	133	Asilbek YUSUPOV	270	UZB	01-12-2006	59.95	113	116	116	116		143	146	146	143		259	
6	176	Kirby Kent ALAS-AS	250	PHI	05-01-2009	59.40	110	110	110	110		133	136	136	133		243	
7	201	Prince Keil DELOS SANTOS	260	PHI	04-09-2007	59.45	115	118	120	120		140	144	146	144		264	
8	266	Gurunaidu SANAPATHI	270	IND	09-05-2006	59.95	114	117	119	119		143	143	146	146		265	
9	279	Jerick Icon CASTRO	250	PHI	23-03-2010	59.45	111	114	116	116		137	140	144	144		260	
10	306	Mukhammedali KOISHYBEK	250	KAZ	17-11-2009	59.65	100	104	104	104		130	130	141	141		245	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Elsamman Nadzieja [LBN]
Left - Sultana Shahria [BAN]
Right - Hamid Salehi [IRI]
Reserve - Igor Pchelintsev [KAZ]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

1. Abdullah Aljarmal [YEM]
2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 08.08.2026 16:30

WOMEN 49 kg A

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
49 kg A																		
1	6	Chun-Yu LIN	145	TPE	24-06-2010	47.50	60	63	63	63		73	73	77	77		140	
2	13	Ezgi KILIÇ	165	TUR	14-10-2006	48.95	65	70	73	70		80	85	--	85		155	
3	50	Pei-Quan HUANG	140	TPE	27-02-2009	48.35	57	61	63	61		76	80	86	80		141	
4	68	Alexsandra Ann DIAZ	170	PHI	06-12-2010	48.45	72	77	77	77		92	100	100	92		169	
5	109	Angeline COLONIA	180	PHI	22-05-2006	48.50	78	80	82	80		93	96	96	93		173	
6	163	Mahmood ZAINAB	120	BRN	08-11-2010	47.50	50	54	56	54		62	64	66	66		120	
7	184	Dilnoza BEKPULATOVA	120	UZB	13-10-2007	48.10	53	56	59	56		68	71	73	73		129	
8	188	Hoai KA	165	VIE	15-07-2008	48.40	70	73	76	73		90	93	93	93		166	
9	196	Naruemol VONGHAJAK	180	THA	19-04-2006	48.15	73	75	77	77		98	101	105	101		178	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Chui Kan Yuen [SGP]
Left - Duangta Yaikawawong [THA]
Right - Rustam Niazaliiev [KGZ]
Reserve - Baatsuri Baasandemberel [MGL]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

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2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 09.08.2026 10:00

MEN 65 kg B

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
65 kg B																		
1	3	Atabek ZARIFJANOV	250	TKM	01-09-2011	64,35	107	110	111	111		130	130	135	135		246	
2	40	Mr Phaypasit SAYTHAVONG	185	LAO	07-07-2010	64,85	72	72	74	72		93	95	95	95		167	
3	85	Yohan KIM	270	KOR	09-08-2006	64,95	115	120	123	123		156	163	167	156		279	
4	134	Nurmamat ESENKELDIEV	245	KGZ	28-02-2009	64,45	105	109	112	109		135	135	140	140		249	
5	155	Burak AYKUN	260	TUR	22-09-2006	62,30	115	115	122	122		144	149	155	155		277	
6	172	Dastan IMANALIEV	270	KGZ	17-09-2006	64,40	120	125	125	125		145	145	150	145		270	
7	202	Natthakit NGAMWILAI	245	THA	18-03-2011	64,10	100	106	110	110		130	135	135	130		240	
8	218	Phanudet PANKROD	250	THA	22-09-2008	64,25	100	106	111	106		130	135	140	140		246	
9	232	Ayu HIGA	267	JPN	21-10-2010	64,85	117	121	123	121		131	135	140	135		256	
10	297	Zhanassyl ARAPBAY	261	KAZ	30-01-2009	64,65	102	102	106	102		140	148	148	140		242	
11	299	Wei-Syuan SHEN	245	TPE	15-04-2009	64,20	100	110	112	110		130	135	138	138		248	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Youm Okjin [KOR]
Left - Hoi Kam Fai [MAC]
Right - Yadav Khushbu [IND]
Reserve - Adel Aldosari [QAT]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

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Competition Doctor

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2026 Asian Youth and Junior Championships

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Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 09.08.2026 12:00

MEN 70 kg B

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
70 kg B																		
1	10	Ibrokhim ATABAEV	190	TJK	2009	69.05	75	75	75	75		95	100	100	95		170	
2	15	Naser ALIBRAHIM	80	KUW	24-11-2010	68.05	50	53	58	53		65	65	70	70		123	
3	60	Aman MAMMETGURBANOV	260	TKM	13-11-2009	66.80	110	113	115	115		130	135	138	138		253	
4	137	Arsen SHARIPOV	255	KGZ	09-07-2009	69.55	113	117	121	117		142	146	153	146		263	
5	146	Mirlanbek ZHAMALOV	265	KGZ	24-12-2007	69.05	120	125	125	120		145	150	150	150		270	
6	210	Mohammed Ali R ALHMKAN	235	KSA	01-03-2010	69.45	102	108	111	111		128	135	136	136		247	
7	251	Reza ZAMANI BAKHTIYARVAND	245	IRI	21-11-2011	69.55	115	121	122	122		140	146	150	146		268	
8	303	Aslbek BAHROMOV	260	UZB	25-08-2008	69.35	118	118	118	118		148	153	153	148		266	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
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4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Igor Pchelintsev [KAZ]
Left - Elsamman Nadzieja [LBN]
Right - Sultana Shahria [BAN]
Reserve - Hamid Salehi [IRI]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

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Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

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Competition Doctor

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2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 09.08.2026 14:00

WOMEN 53 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
53 kg A																		
1	22	Natsuki ISAKA	170	JPN	12-06-2006	52.90	67	70	73	73		93	96	100	96		169	
2	62	Natcha KAEWNOI	200	THA	26-03-2006	52.60	81	82	85	82		101	104	107	107		189	
3	78	Bhargavi BELLANA	180	IND	19-02-2009	52.40	78	78	80	80		98	98	102	98		178	
4	88	Mui Khe CHAO	178	VIE	01-03-2009	52.60	75	75	79	75		90	90	93	90		165	
5	89	Munisa ODILOVA	180	UZB	10-04-2009	52.65	75	75	79	75		92	96	99	96		171	
6	149	Lien Y	187	VIE	30-10-2008	52.70	80	80	83	80		102	105	108	102		182	
7	207	Shabnam KERIMBAYEVA	190	TKM	26-12-2009	52.95	79	81	83	83		102	102	103	103		186	
8	230	Thi Thanh Tuyen LUONG	183	VIE	05-07-2008	52.90	82	83	83	--		95	100	100	95		--	
9	241	Cocoro IIZUKA	174	JPN	10-05-2007	52.45	74	74	78	74		94	94	98	94		168	
10	284	Jhodie PERALTA	190	PHI	07-11-2009	52.45	82	84	86	86		100	100	102	102		188	
11	300	Hsing-Chen PAN	170	TPE	30-07-2006	52.45	75	75	78	78		95	96	102	96		174	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

Center - Baatsuri Baasandemberel [MGL]
Left - Chui Kan Yuen [SGP]
Right - Duangta Yaikawawong [THA]
Reserve - Rustam Niiazaliiev [KGZ]

Chief Marshal

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2. Siddiqu Shamsuddin [NEP]

Time Keeper

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Technical Controller

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3. Yadav Kumar [IND]

Competition Doctor

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Tashkent, Uzbekistan

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START LIST / PROTOCOL



Competition : 09.08.2026 16:30

MEN 65 kg A

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
65 kg A																		
1	2	Thanh Duy NGUYEN	278	VIE	26-02-2009	64.90	125	128	128	125		153	153	153	153		278	
2	34	Leonard Imanuel Aipassa SUABEY	285	INA	21-12-2009	64.30	115	120	121	115		150	--	--	--		--	
3	49	Abdullah Ibrahim A ALMOHAIMEED	280	KSA	28-06-2008	64.20	121	122	122	--		140	152	154	140		--	
4	97	Hoang Sang THACH	290	VIE	08-12-2007	64.30	130	134	139	134		157	157	164	157		291	
5	112	Maharajan ARUMUGAPANDIAN	282	IND	22-04-2008	65.00	124	128	131	128		154	157	157	157		285	
6	119	Tieu A	295	VIE	15-06-2007	64.70	126	129	130	130		--	--	--	--		--	
7	124	Diyorbek ODILOV	285	UZB	12-08-2006	64.70	121	125	127	127		153	153	153	153		280	
8	129	Beibarys YERSEIT	280	KAZ	26-02-2009	64.65	126	129	132	129		152	154	154	152		281	
9	148	Mango Prince David TARRO	280	PHI	25-11-2006	64.45	124	126	126	126		153	153	153	--		--	
10	152	Sunil Singh -	275	IND	13-09-2009	64.65	121	125	128	128		151	151	152	--		--	

Jury

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2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Hamid Salehi [IRI]
Left - Igor Pchelintsev [KAZ]
Right - Elsamman Nadzieja [LBN]
Reserve - Sultana Shahria [BAN]

Chief Marshal

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2. Ebrahim Alemyan [JOR]
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Tashkent, Uzbekistan

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START LIST / PROTOCOL



Competition : 10.08.2026 10:00

MEN 75 kg B

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
75 kg B																		
1	9	Kongla PROMDUANGSRI	285	THA	02-10-2008	74,05	120	125	131	125		150	155	156	150		275	
2	24	Tran Dang Khoa NGO	280	VIE	17-09-2009	74,65	114	118	122	118		153	157	157	153		271	
3	113	Jun KO	275	KOR	20-06-2009	74,35	115	120	123	120		158	165	165	165		285	
4	160	Rashid ALAJMI	140	UAE	19-09-2012	74,70	60	65	70	65		80	85	90	85		150	
5	169	Nanthawut PHUANGBUPPHA	275	THA	28-10-2009	74,10	116	121	123	123		145	151	156	151		274	
6	206	Erbol SARPASHEV	270	KGZ	11-03-2006	74,60	125	130	130	130		160	165	170	170		300	
7	247	Akmatbek TAZHIDINOV	265	KGZ	22-06-2009	74,25	115	120	123	120		140	145	150	150		270	
8	302	Ammar Emad B ALAMRAD	235	KSA	26-03-2010	73,10	105	110	115	110		123	130	130	123		233	
9	304	Samandar NABIJANOV	260	UZB	30-08-2009	71,15	120	124	125	120		140	145	150	150		270	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Adel Aldosari [QAT]
Left - Youm Okjin [KOR]
Right - Hoi Kam Fai [MAC]
Reserve - Yadav Khushbu [IND]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

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Secretary

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2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



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Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 10.08.2026 12:00

WOMEN 61 kg B

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
61 kg B																		
1	23	Yu-Syuan WU	176	TPE	25-06-2009	60.45	75	78	81	78		93	97	100	100		178	
2	73	Tharangini KARANGI	182	IND	04-06-2009	59.90	78	81	81	81		98	101	104	101		182	
3	100	Samar Jaber A MIQTAFI	120	KSA	05-01-2009	60.25	46	50	50	50		55	59	59	55		105	
4	101	Otgontuul BATTSEND	160	MGL	06-10-2007	60.30	73	78	81	78		92	97	97	97		175	
5	116	Jia-Sin JHUANG	170	TPE	19-05-2011	60.55	70	75	75	70		80	85	88	88		158	
6	150	Pagamdulam DORJNAMJAM	140	MGL	27-12-2011	60.90	58	63	63	58		70	80	84	84		142	
7	154	Ghazal ZARKA	175	SYR	01-02-2010	59.20	74	77	77	77		87	92	95	92		169	
8	175	Shammi SULTANA	130	BAN	03-02-2010	60.90	55	59	63	59		70	70	73	73		132	
9	222	Juhui HAN	184	KOR	26-08-2007	60.60	81	84	86	86		100	100	100	--		--	
10	281	Tsatsral ERKHEMBAYAR	90	MGL	27-06-2011	59.65	49	53	56	56		62	67	71	67		123	
11	294	You-Tong YU	180	TPE	28-12-2006	60.00	74	80	80	74		90	95	98	98		172	
12	307	Malika KHUJANAZAROVA	180	UZB	17-09-2012	60.70	78	81	82	82		93	98	98	93		175	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Rustam Niiazaliiev [KGZ]
Left - Baatsuri Baasandemberel [MGL]
Right - Chui Kan Yuen [SGP]
Reserve - Duangta Yaikawawong [THA]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

1. Khodr Moukalled [LBN]
2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 10.08.2026 14:00

WOMEN 57 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
57 kg A																		
1	28	Marjona ABDUMUTALOVA	200	UZB	28-05-2008	57	85	88	90	90		105	107	109	109		199	
2	61	Rosalinda FAUSTINO	190	PHI	17-06-2007	56.5	80	83	86	83		105	110	111	105		188	
3	83	Gulzada BERDIMUHAMMEDOVA	150	TKM	11-01-2011	57	61	64	67	67		80	85	89	85		152	
4	84	Tho Y	187	VIE	07-07-2008	56.45	80	84	86	84		101	105	106	101		185	
5	126	Hyedam JUNG	180	KOR	07-05-2010	55.20	77	77	81	77		98	101	107	107		184	
6	191	Zarina ABDULLAKHAKOVA	180	UZB	21-04-2009	56.90	74	78	81	78		93	98	98	93		171	
7	212	Tumara ZHAPAROVA	125	KGZ	14-01-2008	55.80	50	53	53	53		65	68	70	70		123	
8	243	Manar ALMUTAIRI	80	KUW	13-02-2006	55.75	40	45	45	45		50	55	58	58		103	
9	254	Keunhee KIM	175	KOR	07-10-2011	56.50	77	77	81	77		98	98	98	--		--	
10	260	Nursyila BERIKBOL	190	KAZ	24-07-2009	56.85	74	77	79	77		96	97	99	99		176	
11	273	Snezhana KASHKAROVA	195	KAZ	02-08-2011	56.70	82	85	88	88		106	110	112	112		200	
12	280	Zeina ALI	148	SYR	01-02-2011	56.75	60	64	64	64		72	77	80	77		141	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Sultana Shahria [BAN]
Left - Hamid Salehi [IRI]
Right - Igor Pchelintsev [KAZ]
Reserve - Elsamman Nadzieja [LBN]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

1. Abdullah Aljarmal [YEM]
2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 10.08.2026 16:30

WOMEN 61 kg A

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
61 kg A																		
1	7	Hajar MOEINI SEDEH	210	IRI	20-11-2010	60.05	85	88	90	90		105	105	111	105		195	
2	29	Darya BALABAYUK	202	KAZ	17-01-2007	60.60	83	86	87	83		101	106	110	106		189	
3	48	Xeniya PROZOROVA	210	KAZ	13-02-2010	60.80	88	92	94	94		106	110	110	110		204	
4	72	Insana RASHIDOVA	196	KAZ	15-02-2010	60.25	82	83	86	83		100	104	106	100		183	
5	127	Maryam KESHTKAR	210	IRI	06-05-2008	60.80	89	90	94	94		108	111	111	111		205	
6	130	Buse ER	190	TUR	14-06-2006	60.30	80	81	86	81		95	101	103	101		182	
7	144	Dayeon LEE	185	KOR	02-07-2009	60.30	83	87	87	83		103	103	106	103		186	
8	153	Yaowaret PHOEMKAEW	210	THA	02-03-2007	59.55	92	95	95	95		114	120	127	120		215	
9	173	Yalda SHARIFI SEDEH	190	IRI	04-03-2009	60.80	76	76	76	76		95	101	104	95		171	
10	267	Ziyoda KHUDOYKULOVA	220	UZB	06-02-2006	60.20	93	95	96	96		110	112	112	112		208	
11	277	Munisa BALTAEVA	200	UZB	12-02-2012	60.45	84	87	89	89		104	107	111	111		200	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Yadav Khushbu [IND]
Left - Adel Aldosari [QAT]
Right - Youm Okjin [KOR]
Reserve - Hoi Kam Fai [MAC]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

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2026 Asian Youth and Junior Championships

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Tashkent, Uzbekistan

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START LIST / PROTOCOL



Competition : 11.08.2026 10:00

WOMEN 69 kg B

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
69 kg B																		
1	19	Luna SONOWAL	177	IND	14-09-2009	66,20	75	79	79	79		97	100	101	101		180	
2	64	Ratika Suuhas CHINCHWAADAY	179	IND	05-11-2009	68,00	78	82	84	84		90	94	94	94		178	
3	96	Rhianne CABALIDA	195	PHI	14-05-2011	68,40	85	88	89	85		105	110	113	113		198	
4	102	Mehraneh MOKHTARI	180	IRI	23-04-2009	67,10	72	73	77	77		93	98	101	98		175	
5	104	Zibagul SOYMUSHOVA	190	TKM	14-01-2008	64,30	78	81	84	81		103	106	109	106		187	
6	131	Taehee KIM	192	KOR	16-11-2009	67,95	83	86	89	86		108	111	111	111		197	
7	142	Mariam THEYAB	100	KUW	01-08-2010	67,90	55	60	65	60		70	75	80	75		135	
8	179	Bolor-Od LKHAGVAJAV	160	MGL	24-10-2011	68,95	72	77	81	77		90	90	90	--		--	
9	192	Nurul Syasya Khairina SAMSUR	180	MAS	30-10-2009	67,85	78	81	83	81		106	106	--	--		--	
10	194	Nurana SURKIYEVA	140	TKM	10-10-2011	68,20	58	62	62	62		77	80	83	80		142	
11	213	Mehrsa SAFAVERDI	195	IRI	23-10-2011	66,30	79	84	87	84		100	104	107	104		188	
12	227	An-Chi HU	161	TPE	08-11-2011	68,25	73	76	77	73		94	98	100	100		173	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Duangta Yaikawawong [THA]
Left - Rustam Niiazaliiev [KGZ]
Right - Baatsuri Baasandemberel [MGL]
Reserve - Chui Kan Yuen [SGP]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

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Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 11.08.2026 12:00

MEN 85 kg B

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
85 kg B																		
1	26	Khalaf ALOTAIBI	160	KUW	24-05-2010	78.55	80	85	90	85		100	100	106	100		185	
2	95	Soonkwon KWON	280	KOR	09-05-2011	83.35	120	125	130	130		160	160	166	160		290	
3	103	Mohammed Adel Abdulqawi Ahmed AL-SAAGH	225	YEM	18-10-2008	84.05	105	110	111	111		121	127	130	130		241	
4	140	Ali Abdullah H ALSHAYEB	250	KSA	13-12-2010	84.50	110	115	116	116		130	137	141	130		246	
5	177	Saeed ALHAJERI	160	UAE	27-12-2009	76.55	70	75	75	75		90	90	95	90		165	
6	186	Ethan CHUA	200	SGP	13-02-2009	83.05	92	95	100	95		122	122	125	125		220	
7	190	Shoki YOSHIOKA	284	JPN	08-08-2009	82.70	120	126	131	131		150	155	160	160		291	
8	193	Dulguunbaatar MASHBAT	100	MGL	26-08-2011	82.70	57	63	67	63		70	76	76	76		139	
9	204	Alsadah Ali Hassan A ALSADAH	250	KSA	29-01-2010	84.80	110	115	117	117		133	140	141	141		258	
10	291	Kivan VALIPOUR	290	IRI	27-10-2010	77.85	125	135	140	140		155	163	167	167		307	

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Hoi Kam Fai [MAC]
Left - Yadav Khushbu [IND]
Right - Adel Aldosari [QAT]
Reserve - Youm Okjin [KOR]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

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Technical Controller

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Secretary

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2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

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2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 11.08.2026 14:00

MEN 70 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
70 kg A																		
1	12	Seojin JANG	285	KOR	09-10-2007	69.70	120	125	132	125		159	159	164	159		284	
2	36	Mehrab DAVASARI	285	IRI	12-01-2007	68.70	121	127	134	134		155	163	165	165		299	
3	63	Yersultan TURSYNBEKOV	301	KAZ	23-05-2007	69.80	133	136	141	136		151	151	151	151		287	
4	165	Ali Hussin M AL HAWAR	291	KSA	20-01-2008	68.35	122	122	128	122		149	--	--	--		--	
5	229	Witchaya PRATHUMTA	267	THA	16-02-2010	69.45	109	115	119	119		147	151	154	154		273	
6	244	Albert Ian DELOS SANTOS	310	PHI	12-08-2006	69.20	135	138	141	141		176	180	--	180		321	
7	293	Yash Vinod KHANDAGALE	310	IND	27-10-2007	69.35	136	140	143	140		158	162	164	158		298	
8	301	Torekhan ASSANKHAN	280	KAZ	12-11-2010	69.85	115	119	123	119		145	150	154	150		269	

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Elsamman Nadzieja [LBN]
Left - Sultana Shahria [BAN]
Right - Hamid Salehi [IRI]
Reserve - Igor Pchelintsev [KAZ]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

1. Khodr Moukalled [LBN]
2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 11.08.2026 16:30

MEN 75 kg A

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
75 kg A																		
1	1	Yernur MYRZAKHMET	301	KAZ	07-08-2009	74.75	135	135	137	--		155	162	165	162		--	
2	5	Madyor TURSUNBAEV	300	UZB	11-01-2010	74.55	128	133	136	128		152	159	163	159		287	
3	55	Abhinob GOGOI	300	IND	31-08-2009	74.55	132	135	138	135		160	164	166	166		301	
4	57	Nurillo DAVLATBOEV	315	UZB	18-06-2006	74.55	136	136	138	136		165	170	174	170		306	
5	77	Nurassyl ARAPBAY	311	KAZ	23-07-2007	74.80	133	137	137	137		163	164	168	168		305	
6	106	Ramazan OMAR	300	KAZ	29-08-2009	74.85	133	137	140	137		153	159	164	153		290	
7	174	Mohammad Javad BEYRALVAND	300	IRI	26-10-2009	74.35	140	145	145	145		166	173	180	180		325	
8	226	Mohammed Bassam AL MARZOUQ	313	KSA	25-09-2007	74.85	131	--	--	--		--	--	--	--		--	
9	255	Tokhir TUROBOV	300	UZB	17-08-2010	74.45	133	138	141	141		154	159	164	159		300	
10	290	Jinmyeong YOON	305	KOR	24-11-2007	74.55	135	135	139	135		167	172	176	172		307	

Jury

1. Aidh Almandhari [OMA]
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4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Chui Kan Yuen [SGP]
Left - Duangta Yaikawawong [THA]
Right - Rustam Niiazaliiev [KGZ]
Reserve - Baatsuri Baasandemberel [MGL]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

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2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

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2026 Asian Youth and Junior Championships

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Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 12.08.2026 10:00

WOMEN 77 kg B

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
77 kg B																		
1	47	Han-Yun KE	193	TPE	03-07-2009													
2	99	Minhee PARK	195	KOR	22-03-2009													
3	164	Zolzaya ENKHTUYA	160	MGL	22-10-2009													
4	180	Durdona NORTOJIEVA	205	UZB	24-01-2010													
5	209	Sin-Yueh CHIANG	205	TPE	23-04-2006													
6	245	Sojin LEE	198	KOR	10-04-2006													
7	249	Amin-Erdene PUREVBAATAR	160	MGL	15-05-2009													
8	261	Evelina SHTAINBRREKHER	190	KAZ	12-09-2012													

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Igor Pchelintsev [KAZ]
Left - Elsamman Nadzieja [LBN]
Right - Sultana Shahria [BAN]
Reserve - Hamid Salehi [IRI]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

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Technical Controller

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Tashkent, Uzbekistan

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START LIST / PROTOCOL



Competition : 12.08.2026 12:00

MEN 95 kg B

Weigh in : 10:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
95 kg B																		
1	18	Davaajargal NYAMDAVAA	130	MGL	16-05-2012													
2	65	Ali Hussain S ALMADAN	260	KSA	04-02-2009													
3	76	Taeyang KIM	320	KOR	25-01-2009													
4	123	Hussain ALHADDAD	160	KUW	13-10-2010													
5	132	Faisal ALAJMI	150	UAE	01-09-2010													
6	135	Khaled AMICH	285	SYR	06-05-2007													
7	157	Prasit JOMDHETPHICHAYA	285	THA	16-11-2007													
8	185	Ahmad SHAMMAA	300	SYR	02-01-2007													
9	228	Parv CHOUDHARY	325	IND	10-07-2008													
10	264	Yersultan BAKHYTBEK	300	KAZ	30-08-2009													
11	283	Abbas FADHIL A AL MAHDI	315	KSA	16-03-2007													

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Youm Okjin [KOR]
Left - Hoi Kam Fai [MAC]
Right - Yadav Khushbu [IND]
Reserve - Adel Aldosari [QAT]

Chief Marshal

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START LIST / PROTOCOL



Competition : 12.08.2026 14:00

WOMEN 69 kg A

Weigh in : 12:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
69 kg A																		
1	14	Medine AMANOVA	210	TKM	05-03-2006													
2	20	Kamola KAMILOVA	200	UZB	10-01-2010													
3	59	Haniyeh SHARIFI SEDEH	230	IRI	04-09-2007													
4	69	Shakhnoza KHAYDAROVA	230	UZB	18-05-2009													
5	94	Harika BELLANA	200	IND	10-08-2007													
6	128	Kira DANILOVA	221	KAZ	08-07-2008													
7	168	Soomin KIM	200	KOR	14-12-2007													
8	182	Hasti SEDIGHI MOURNANI	235	IRI	14-11-2008													
9	187	Nurkhayot KOBILOVA	215	UZB	10-01-2012													
10	239	Margarita YERMAKOVA	210	KAZ	08-08-2011													
11	271	Nattanicha KARAKET	205	THA	28-04-2007													
12	274	Tamanna -	200	IND	13-10-2007													

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

Center - Baatsuri Baasandemberel [MGL]
Left - Chui Kan Yuen [SGP]
Right - Duangta Yaikawawong [THA]
Reserve - Rustam Niazaliev [KGZ]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

1. Abdullah Aljarmal [YEM]
2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 12.08.2026 16:30

MEN 85 kg A

Weigh in : 14:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
85 kg A																		
1	58	Azizbek KUTBIDDINOV	315	UZB	05-03-2010													
2	107	Galkan RAHMANOV	340	TKM	22-08-2006													
3	120	Mohammad Amin DADVAND MESHGINSHAHR	330	IRI	12-12-2009													
4	151	Mohamad ALKATEB	330	SYR	05-01-2007													
5	200	Yerasyl SAULEBEKOV	356	KAZ	27-11-2006													
6	208	Otabek KARIMOV	315	UZB	04-04-2009													
7	223	Hajmyrat GYLYCHMYRADOV	325	TKM	16-06-2008													
8	233	Akzhol KURMANBEK	350	KAZ	07-12-2007													
9	237	Khikmatillo KHAYDAROV	345	UZB	09-04-2006													
10	253	Adrian GRANJA	345	BRN	11-03-2008													
11	259	Boburmirzo YOKUBOV	345	UZB	17-12-2007													
12	287	Mohammed Ali A ALZAWRI	330	KSA	29-09-2007													

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Hamid Salehi [IRI]
Left - Igor Pchelintsev [KAZ]
Right - Elsamman Nadzieja [LBN]
Reserve - Sultana Shahria [BAN]

Chief Marshal

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2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 13.08.2026 10:00

WOMEN 77 kg A

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
77 kg A																		
1	42	Gulalek KAKAMYRADOVA	215	TKM	15-01-2006													
2	79	Dina TAGHIZADEH	215	IRI	10-11-2010													
3	90	Jea Mae PALAGTIW	210	PHI	26-09-2011													
4	108	Nasim GHASEMI	225	IRI	01-08-2009													
5	117	Dilnura Kholdorova	225	UZB	12-06-2008													
6	141	Ayanat ZHUMAGALI	241	KAZ	11-02-2007													
7	270	Dilnoza Fayzullaeva	225	UZB	11-08-2007													
8	292	Thi Nhu Binh BUI	215	VIE	04-05-2009													
9	296	Anahita ZAREI	230	IRI	20-06-2011													

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Rustam Niiazaliiev [KGZ]
Left - Baatsuri Baasandemberel [MGL]
Right - Chui Kan Yuen [SGP]
Reserve - Duangta Yaikawawong [THA]

Chief Marshal

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2. Nizametdinov Akramjon [UZB]

Time Keeper

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Technical Controller

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2. Babaei Vali [IRI]

Secretary

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2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 13.08.2026 12:30

MEN 95 kg A

Weigh in : 10:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
95 kg A																		
1	81	Amirmohammad RAHMATI	350	IRI	06-01-2006													
2	93	Farukh SHOKIRZHANOV	340	KGZ	14-07-2006													
3	136	Bekzod GOFIRJONOV	360	UZB	29-01-2007													
4	139	Hamidreza ZAREI	360	IRI	19-07-2007													
5	147	Mukhammadshokir TURDALIEV	340	UZB	12-11-2009													
6	159	Seongho KIM	349	KOR	14-04-2006													
7	170	Mousa Khudhair QAITI	340	IRQ	24-07-2009													
8	250	Nurzhhan ZHUMABAY	345	KAZ	05-10-2010													
9	257	Mahdi ASGARI	330	IRI	13-10-2010													
10	269	Alisher OSMANOV	340	UZB	24-04-2009													
11	286	Alikhan ASKERBAY	355	KAZ	26-04-2008													

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

- Center - Adel Aldosari [QAT]
Left - Youm Okjin [KOR]
Right - Hoi Kam Fai [MAC]
Reserve - Yadav Khushbu [IND]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

Time Keeper

1. Wang Shun Fu [TPE]

Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

Secretary

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2. Shaikhah Alkaabi [UAE]
3. Indrajith Fernando [SRI]

Competition Doctor

1. Haytham Hamdi [JOR]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 13.08.2026 15:00

WOMEN +77 kg A

Weigh in : 13:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
+77 kg A																		
1	8	Mahsa BEHESHTY	255	IRI	07-06-2009													
2	51	Nai-Cheng HONG	215	TPE	18-02-2009													
3	80	Thi Ly TONG	230	VIE	01-05-2010													
4	92	Sofiya SHESHUKOVA	228	KAZ	01-06-2011													
5	122	Yewon CHOI	215	KOR	30-11-2009													
6	197	Vashanvi -	205	IND	20-05-2010													
7	198	Ava FARHADI	235	IRI	08-11-2012													
8	235	Hulkar RUZIKULOVA	225	UZB	15-10-2010													
9	236	Bahargul DOVLETOVA	160	TKM	07-03-2011													
10	289	Sheng-Ci SU	216	TPE	04-04-2009													

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Sultana Shahria [BAN]
Left - Hamid Salehi [IRI]
Right - Igor Pchelintsev [KAZ]
Reserve - Elsamman Nadzieja [LBN]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

1. Khodr Moukalled [LBN]
2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 13.08.2026 17:30

MEN +95 kg A

Weigh in : 15:30

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
+95 kg A																		
1	30	Alexandr KARAVAYEV	320	KAZ	29-10-2009													
2	31	Ali ALHEMEIRI	110	UAE	17-02-2009													
3	46	Ali Mosa J ALEID	260	KSA	21-02-2010													
4	66	Pouriya ABBASPOURIAN	370	IRI	23-01-2009													
5	203	Taha NOJAVAN KHIARAK	380	IRI	19-05-2010													
6	205	Hamza ABUHMEIDAN	295	JOR	16-10-2009													
7	219	Davaajargal MENDSAIKHAN	250	MGL	09-03-2009													
8	285	Elbek IDIEV	345	UZB	01-03-2009													

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Yadav Khushbu [IND]
Left - Adel Aldosari [QAT]
Right - Youm Okjin [KOR]
Reserve - Hoi Kam Fai [MAC]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

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2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

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2026 Asian Youth and Junior Championships

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Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 14.08.2026 10:00

WOMEN 86 kg A, +86 kg A

Weigh in : 8:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
86 kg A																		
1	38	Bolortuya LKHAGVAJAV	200	MGL	22-02-2007													
2	71	Aiganym ZHANBOLAT	255	KAZ	17-08-2007													
3	143	Senuri Sithara Sewwandi SINGANKUTTI ARACHCHILLAGE	135	SRI	21-04-2008													
4	158	Heesoo JEON	240	KOR	21-03-2007													
5	242	Gurbangozel ORAZOVA	180	TKM	17-11-2007													
6	256	Asal KERIMBAYEVA	200	TKM	20-08-2008													
7	288	Saniya ORMANBAYEVA	230	KAZ	28-12-2007													
+86 kg A																		
8	39	Enkhjin BATBAYAR	200	MGL	13-01-2006													
9	74	Hosna AMIRI	240	IRI	06-02-2007													
10	125	Roya NOURINEZHAD	235	IRI	16-07-2007													
11	145	Chinbolor GENDENDAMBA	200	MGL	13-11-2008													
12	282	Cheryang KIM	250	KOR	16-04-2008													

Jury

1. Aidh Almandhari [OMA]
2. Odgrel Lkhagvasuren [MGL]
3. Kamil Bayazitov [UZB]
4. Alshimaimri Abdullah [KSA]
5. Azam Kohi [AFG]

Referee

- Center - Duangta Yaikawawong [THA]
Left - Rustam Niiazaliiev [KGZ]
Right - Baatsuri Baasandemberel [MGL]
Reserve - Chui Kan Yuen [SGP]

Chief Marshal

1. Pongmit Arnat [THA]
2. Siddiqu Shamsuddin [NEP]

Time Keeper

1. Weerakoon WMS [SRI]

Technical Controller

1. Handurdyev Omarguly [TKM]
2. Fadi Alfahham [SYR]

Secretary

1. Khodr Moukalled [LBN]
2. Ebrahim Alemyan [JOR]
3. Yadav Kumar [IND]

Competition Doctor

1. Seza Tchobanian [LBN]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026

START LIST / PROTOCOL



Competition : 14.08.2026 13:00

MEN 110 kg A, +110 kg A

Weigh in : 11:00

No.	LOT	NAME	ENT	TEAM	BORN	BW	SNATCH					CLEAN & JERK					TOTAL	
							1	2	3	Best	Rank	1	2	3	Best	Rank	Best	Rank
110 kg A																		
1	33	Junseok LEE	370	KOR	25-10-2006													
2	171	Suleyman JAFAROV	330	TKM	22-04-2007													
3	181	Dali Muteb D AL RAYHAN	345	KSA	24-05-2006													
4	183	Farhad GHOLIZADEH	370	IRI	15-09-2006													
5	240	Nodirbek JURAEV	355	UZB	07-08-2007													
6	295	Jhon LOPEZ	370	BRN	21-02-2008													
+110 kg A																		
7	4	Sagynbek SAMARKAN	351	KAZ	05-04-2007													
8	32	Guan-Ting KE	340	TPE	22-06-2007													
9	118	Taha NEMATI MOGHADDAM	380	IRI	30-01-2006													
10	162	Saud ALRABAH	160	KUW	14-07-2007													
11	189	Omadillo OLIMOV	380	UZB	14-01-2007													
12	298	Ali MOHAMAD	360	SYR	01-01-2006													

Jury

1. Sirilak Thatman [THA]
2. Lee Han Kyung [KOR]
3. Hasanin Alchikh [SYR]
4. Rahma Ali [BRN]
5. Kikuta Katsumi [JPN]

Referee

Center - Hoi Kam Fai [MAC]
Left - Yadav Khushbu [IND]
Right - Adel Aldosari [QAT]
Reserve - Youm Okjin [KOR]

Chief Marshal

1. Jassim Alawadhi [UAE]
2. Nizametdinov Akramjon [UZB]

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Technical Controller

1. Kossantayev Darkhan [KAZ]
2. Babaei Vali [IRI]

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Competition Doctor

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2026 Asian Youth and Junior Championships

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Tashkent, Uzbekistan

07/08/2026 to 14/08/2026



GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

SIRILAK THATMAN [THA] *President of Jury
LEE HAN KYUNG [KOR]
HASANIN ALCHIKH [SYR]
RAHMA ALI [BRN]
KIKUTA KATSUMI [JPN]

JURY Member Group 2 :

AIDH ALMANDHARI [OMA] *President of Jury
ODGREL LKHAGVASUREN [MGL]
KAMIL BAYAZITOV [UZB]
ALSHIMAIMRI ABDULLAH [KSA]
AZAM KOHI [AFG]

REFEREE Member Group 1 :

SULTANA SHAHRIA [BAN]
HAMID SALEHI [IRI]
IGOR PCHELINTSEV [KAZ]
ELSAMMAN NADZIEJA [LBN]

REFEREE Member Group 2 :

YADAV KHUSHBU [IND]
ADEL ALDOSARI [QAT]
YOUM OKJIN [KOR]
HOI KAM FAI [MAC]

REFEREE Member Group 3 :

RUSTAM NIIAZALIEV [KGZ]
BAATSURI BAASANDEMBEREL [MGL]
CHUI KAN YUEN [SGP]
DUANGTA YAIKAWAWONG [THA]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026



GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Member Group 1 :

JASSIM ALAWADHI [UAE]

NIZAMETDINOV AKRAMJON [UZB]

CHIEF MARSHAL Member Group 2 :

PONGMIT ARNAT [THA]

SIDDIQU SHAMSUDDIN [NEP]

TIMEKEEPER Member Group 1 :

WANG SHUN FU [TPE]

TIMEKEEPER Member Group 2 :

WEERAKOON WMS [SRI]

TECHNICAL CONTROLLER Member Group 1 :

KOSSANTAYEV DARKHAN [KAZ]

BABAEI VALI [IRI]

TECHNICAL CONTROLLER Member Group 2 :

HANDURDYEV OMARGULY [TKM]

FADI ALFAHAM [SYR]

SECRETARY Member Group 1 :

ABDULLAH ALJARMAL [YEM]

SHAIKHAH ALKAABI [UAE]

INDRAJITH FERNANDO [SRI]

SECRETARY Member Group 2 :

KHODR MOUKALLED [LBN]

EBRAHEM ALEMYAN [JOR]

YADAV KUMAR [IND]

DOCTOR ON DUTY Member Group 1 :

HAYTHAM HAMDY [JOR]

DOCTOR ON DUTY Member Group 2 :

SEZA TCHOBANIAN [LBN]



2026 Asian Youth and Junior Championships

2026 Asian Youth & Junior Weightlifting Championships
Tashkent, Uzbekistan

07/08/2026 to 14/08/2026



NEW RECORDS

RECORDS	CATRGORY	NEW RECORDS	NAME	TEAM	BORN	DATE
ASIAN RECORDS - YOUTH	MEN 55 kg	CLEAN&JERK 135 ---> 138	Mohammed Nawaf M AL OJAIAN[17]	KSA	20-06-2009	07.08.2026
ASIAN RECORDS - YOUTH	MEN 55 kg	TOTAL 245 ---> 247	Mohammed Nawaf M AL OJAIAN[17]	KSA	20-06-2009	07.08.2026
WORLD RECORDS - YOUTH	MEN 55 kg	CLEAN&JERK 137 ---> 138	Mohammed Nawaf M AL OJAIAN[17]	KSA	20-06-2009	07.08.2026
WORLD RECORDS - YOUTH	MEN 55 kg	TOTAL 245 ---> 247	Mohammed Nawaf M AL OJAIAN[17]	KSA	20-06-2009	07.08.2026
ASIAN RECORDS - YOUTH	MEN 65 kg	TOTAL 280 ---> 281	Beibarys YERSEIT[17]	KAZ	26-02-2009	09.08.2026
ASIAN RECORDS - YOUTH	WOMEN 57 kg	SNATCH 87 ---> 88	Snezhana KASHKAROVA[15]	KAZ	02-08-2011	10.08.2026
ASIAN RECORDS - YOUTH	WOMEN 57 kg	CLEAN&JERK 109 ---> 112	Snezhana KASHKAROVA[15]	KAZ	02-08-2011	10.08.2026
ASIAN RECORDS - YOUTH	WOMEN 57 kg	TOTAL 194 ---> 200	Snezhana KASHKAROVA[15]	KAZ	02-08-2011	10.08.2026
WORLD RECORDS - YOUTH	WOMEN 57 kg	CLEAN&JERK 110 ---> 112	Snezhana KASHKAROVA[15]	KAZ	02-08-2011	10.08.2026
WORLD RECORDS - YOUTH	WOMEN 57 kg	TOTAL 196 ---> 200	Snezhana KASHKAROVA[15]	KAZ	02-08-2011	10.08.2026
ASIAN RECORDS - YOUTH	WOMEN 61 kg	SNATCH 91 ---> 94	Xeniya PROZOROVA[16]	KAZ	13-02-2010	10.08.2026
WORLD RECORDS - YOUTH	WOMEN 61 kg	SNATCH 93 ---> 94	Xeniya PROZOROVA[16]	KAZ	13-02-2010	10.08.2026
ASIAN RECORDS - JUNIOR	MEN 70 kg	CLEAN&JERK 179 ---> 180	Albert Ian DELOS SANTOS[20]	PHI	12-08-2006	11.08.2026
ASIAN RECORDS - JUNIOR	MEN 70 kg	TOTAL 316 ---> 321	Albert Ian DELOS SANTOS[20]	PHI	12-08-2006	11.08.2026
WORLD RECORDS - JUNIOR	MEN 70 kg	CLEAN&JERK 179 ---> 180	Albert Ian DELOS SANTOS[20]	PHI	12-08-2006	11.08.2026
WORLD RECORDS - JUNIOR	MEN 70 kg	TOTAL 318 ---> 321	Albert Ian DELOS SANTOS[20]	PHI	12-08-2006	11.08.2026
ASIAN RECORDS - YOUTH	MEN 75 kg	SNATCH 141 ---> 145	Mohammad Javad BEYRALVAND[17]	IRI	26-10-2009	11.08.2026
ASIAN RECORDS - YOUTH	MEN 75 kg	CLEAN&JERK 169 ---> 180	Mohammad Javad BEYRALVAND[17]	IRI	26-10-2009	11.08.2026
ASIAN RECORDS - YOUTH	MEN 75 kg	TOTAL 308 ---> 325	Mohammad Javad BEYRALVAND[17]	IRI	26-10-2009	11.08.2026
WORLD RECORDS - YOUTH	MEN 75 kg	SNATCH 144 ---> 145	Mohammad Javad BEYRALVAND[17]	IRI	26-10-2009	11.08.2026
WORLD RECORDS - YOUTH	MEN 75 kg	CLEAN&JERK 172 ---> 180	Mohammad Javad BEYRALVAND[17]	IRI	26-10-2009	11.08.2026
WORLD RECORDS - YOUTH	MEN 75 kg	TOTAL 313 ---> 325	Mohammad Javad BEYRALVAND[17]	IRI	26-10-2009	11.08.2026

MEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Albert Ian DELOS SANTOS	12-08-2006	PHI	69.20	321	1031.684
2	Mohammad Javad BEYRALVAND	26-10-2009	IRI	74.35	325	922.396
3	Hoang Sang THACH	08-12-2007	VIE	64.30	291	828.111
4	Mehrab DAVASARI	12-01-2007	IRI	68.70	299	814.927
5	Yash Vinod KHANDAGALE	27-10-2007	IND	69.35	298	805.908
6	Maharajan ARUMUGAPANDIAN	22-04-2008	IND	65.00	285	772.737
7	Jinmyeong YOON	24-11-2007	KOR	74.55	307	763.337
8	Nurillo DAVLATBOEV	18-06-2006	UZB	74.55	306	755.109
9	Tomchou Meetei NAMEIRAKPAM	04-03-2006	IND	60.00	266	750.539
10	Nurassyl ARAPBAY	23-07-2007	KAZ	74.80	305	746.942
11	Gurunaidu SANAPATHI	09-05-2006	IND	59.95	265	741.207
12	Beibarys YERSEIT	26-02-2009	KAZ	64.65	281	737.292
13	Prince Keil DELOS SANTOS	04-09-2007	PHI	59.45	264	731.956
14	Diyorbek ODILOV	12-08-2006	UZB	64.70	280	728.612
15	Yohan KIM	09-08-2006	KOR	64.95	279	720.004
16	Yersultan TURSYNBEKOV	23-05-2007	KAZ	69.80	287	711.253
17	Erbol SARPASHEV	11-03-2006	KGZ	74.60	300	707.034
18	Asilbek YUSUPOV	01-12-2006	UZB	59.95	259	686.909
19	Seojin JANG	09-10-2007	KOR	69.70	284	686.854
20	Kevin Andrian RAMADHAN	12-09-2008	INA	59.90	255	652.295
21	Dastan IMANALIEV	17-09-2006	KGZ	64.40	270	645.697
22	Mohammed Nawaf M AL OJAIAN	20-06-2009	KSA	54.50	247	586.757
23	Mirlanbek ZHAMALOV	24-12-2007	KGZ	69.05	270	580.674
24	Bekbol SARPASHEV	11-03-2006	KGZ	60.00	244	563.415
25	Ahmad Darwisy ZHARFAN	25-11-2008	MAS	59.75	243	555.781
26	Kongla PROMDUANGSRI	02-10-2008	THA	74.05	275	529.553
27	Phanudet PANKROD	22-09-2008	THA	64.25	246	473.945
28	Bahaa ALKHAWALDEH	28-02-2010	JOR	59.05	222	411.630
29	Faizali SANGOV	08-03-2006	TJK	58.25	210	342.244
30	Mohammad ALOTAIBI	26-10-2010	KUW	64.75	198	281.480
31	Mohammed Adel Abdulqawi Ahmed AL-SAAGH	18-10-2008	YEM	84.05	241	263.655
32	Otgonnyam DEMBERELNYAMBUU	25-06-2011	MGL	59.15	187	232.801
33	Fahad ALOTAIBI	20-06-2008	KUW	63.65	195	219.050
34	Khalaf ALOTAIBI	24-05-2010	KUW	78.55	185	109.529
35	Saeed ALHAJERI	27-12-2009	UAE	76.55	165	74.898
36	Dulguunbaatar MASHBAT	26-08-2011	MGL	82.70	139	42.373
37	Bekzod GOFIRJONOV	29-01-2007	UZB			
38	Mohammad Amin DADVAND MESHGINSHAHR	12-12-2009	IRI			
39	Guan-Ting KE	22-06-2007	TPE			
40	Suleyman JAFAROV	22-04-2007	TKM			

WOMEN 's ROBI TOTAL POINT

R.	NAME	BORN	TEAM	B.WEIGHT	TOTAL	POINT
1	Yaowaret PHOEMKAEW	02-03-2007	THA	59.55	215	834.919
2	Ziyoda KHUDOYKULOVA	06-02-2006	UZB	60.20	208	747.982
3	Snezhana KASHKAROVA	02-08-2011	KAZ	56.70	200	739.723
4	Marjona ABDUMUTALOVA	28-05-2008	UZB	57	199	727.508
5	Maryam KESHTKAR	06-05-2008	IRI	60.80	205	712.741
6	Xeniya PROZOROVA	13-02-2010	KAZ	60.80	204	701.256
7	Natcha KAEWNOI	26-03-2006	THA	52.60	189	682.845
8	Jhodie PERALTA	07-11-2009	PHI	52.45	188	670.916
9	Naruemol VONGHAJAK	19-04-2006	THA	48.15	178	656.934
10	Shabnam KERIMBAYEVA	26-12-2009	TKM	52.95	186	647.498
11	Lien Y	30-10-2008	VIE	52.70	182	602.385
12	Rosalinda FAUSTINO	17-06-2007	PHI	56.5	188	602.285
13	Angeline COLONIA	22-05-2006	PHI	48.50	173	597.608
14	Tho Y	07-07-2008	VIE	56.45	185	570.945
15	Alexsandra Ann DIAZ	06-12-2010	PHI	48.45	169	552.927
16	Darya BALABAYUK	17-01-2007	KAZ	60.60	189	544.119
17	Hoai KA	15-07-2008	VIE	48.40	166	520.988
18	Hsing-Chen PAN	30-07-2006	TPE	52.45	174	518.828
19	Munisa ODILOVA	10-04-2009	UZB	52.65	171	489.702
20	Natsuki ISAKA	12-06-2006	JPN	52.90	169	470.933
21	Cocoro IIZUKA	10-05-2007	JPN	52.45	168	461.739
22	Otgontuul BATTSEND	06-10-2007	MGL	60.30	175	421.369
23	Zibagul SOYMUSHOVA	14-01-2008	TKM	64,30	187	407.621
24	You-Tong YU	28-12-2006	TPE	60.00	172	397.847
25	Ghazal ZARKA	01-02-2010	SYR	59.20	169	375.259
26	Zeina ALI	01-02-2011	SYR	56.75	141	231.614
27	Pagamdulam DORJNAMJAM	27-12-2011	MGL	60.90	142	210.474
28	Mahmood ZAINAB	08-11-2010	BRN	47.50	120	177.288
29	Shammi SULTANA	03-02-2010	BAN	60.90	132	165.137
30	Tumara ZHAPAROVA	14-01-2008	KGZ	55.80	123	147.139
31	Mariam THEYAB	01-08-2010	KUW	67,90	135	138.095
32	Nadin Mohammed Y BAYDHI	02-04-2011	KSA	43.85	99	93.572
33	Manar ALMUTAIRI	13-02-2006	KUW	55.75	103	81.604
34	Samar Jaber A MIQTAFI	05-01-2009	KSA	60.25	105	77.214
35	Awrad ALDALALI	13-10-2006	KUW	45,50	85	56.387
36	Tala HUSAIN	15-07-2010	KUW	44.25	75	37.206
37	Rayan FARHAN	24-01-2011	KUW	49,85	75	31.688
38	Anahita ZAREI	20-06-2011	IRI			
39	Harika BELLANA	10-08-2007	IND			
40	Hulkar RUZIKULOVA	15-10-2010	UZB			